



According to the Center for Disease Control, children under 2 years of age should not wear masks. Any child wearing a mask should never be left unattended.

Wearing Masks

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ChallengingBehavior.org

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NCPMI

Sometimes I wear masks for fun.



I might wear masks for dress-up,
playing with friends, or going to parties.

Sometimes masks cover...



your eyes



your whole face



or just your mouth

I have seen my doctor, nurse,
and dentist wear masks.



Lots of people wear masks to stay healthy and strong. They wear them to keep their germs to themselves.



I am spending lots of time at home right now, but there will be a time I have to go somewhere like the store or school.



There will be adults and children wearing masks when I am outside of my home.



They are wearing the masks to keep their germs to themselves.



My family or someone who cares about me might tell me to wear a mask. They want to help me stay strong and healthy.



I might wear my mask at the grocery store, or riding the bus, or going for a walk.



There are many different looking masks, which is fun. It is important to wear the mask correctly, so it covers my mouth and nose.



Sometimes I don't need to wear a mask, like when I am at home or playing outside at home.



When I am at school, I might need to wear a mask. I can still talk and play with my friends even if I have my mask on.



It's everybody's job to help keep germs to themselves. Just like washing hands!





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